

September 2023



# Yallambee

## Buzz

A Monthly Newsletter by Yallambee Traralgon Village for the Aged Inc.  
Margery Cole Residential Care Service

## This Month

Footy Day

The Great Chase

Father's Day

Resident & Staff Spotlight

Margery Cole Village News

Staff News

Activity Calendar

Upcoming Events



The only person you should try to be better than, is the person you were yesterday.

# One Day in September - Footy Day



On the eve of the AFL Grand Final, Friday, 29 September, Yallambee hosted a Footy Day celebration, combined with our usual Friday afternoon happy hour. Throughout the season, residents had been engaged in a friendly footy tipping competition, and this was the day we'd all been waiting for.

Before we revealed the competition winners, we kicked off the festivities with some enjoyable games and footy-themed music, including the Collingwood team song, a popular request among the Magpies supporters.

Food and drinks were served, and the room was filled with laughter. After indulging in some delicious footy themed snacks and drinks, we announced the winners.

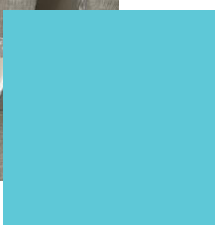
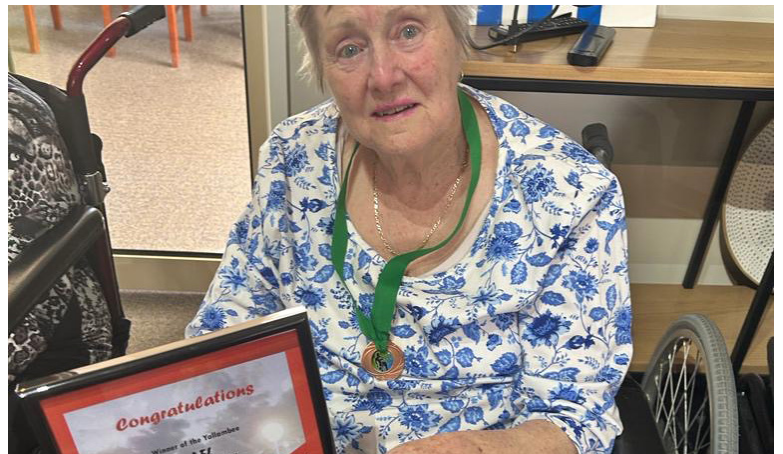
Congratulations to the following residents:

1st Place - Peter O'Donnell

2nd Place - Bev Groves

3rd Place - Gwenda Kerr

Wooden Spoon - Bev Woolley



# The Great Chase

On Wednesday, 13 September, seven Yallambee residents had a wonderful outing at the Traralgon Greyhounds Club to attend the GRV Greyhound Racing Victoria community event.

They had the opportunity to witness thrilling greyhound races, place bets, and even interact with and pet one of the greyhounds. Our residents also savoured in a provided lunch featuring an array of finger foods and refreshing beverages.

Yallambee was even lucky enough to win \$1000 which will be put towards the Lifestyle & Wellbeing Program. It was a day filled with enjoyment for everyone and we already have a lineup for next year's event!



## Father's Day BBQ

On Friday, 1 September we at Yallambee celebrated Father's Day including all the men who are Father figures.

We combined our afternoon with Happy Hour, cooking up a BBQ and giving all the men gift bags to say thanks to them for who they are and what they have done.

We told Dad jokes and riddles, talked about famous Dads and finally announced the winners of our Father's Day raffle.

# Resident & Staff Spotlight

**Bill O'Connor**  
Margery Cole Resident



**Length of time at Yallambee**  
5 years

**The best thing about living at Yallambee**

The people here. I enjoy the company of everybody

**The worst thing about living at Yallambee**

I like everything

**One thing you don't know about me**

I have been to Disney Land in California and I have been to London

**My favourite staff member**

Tony from Lifestyle and Well-being and Julie

**My favourite food**

Chicken schnitzel, chips and gravy

**My favourite lifestyle activity**

Bingo

**Tom Szpura**  
Staff Member



**Role at Yallambee**  
Maintenance Officer

**Length of time at Yallambee**  
5 and a half years

**Job previous to Yallambee**

I worked at Alternate Dwellings in Morwell building kit homes

**One thing you don't know about me**

I was born in Poland and I am fluent in Polish

**Favourite pastime**

Going to car shows and working on my muscle car

**Favourite food**

Chicken Parmigiana, chips and salad

**Advice to new staff**

Don't be afraid to ask questions, there are no silly ones.

**Cecilia Gamlin**  
Village Resident



**Length of time at Yallambee**  
9 Months

**The best thing about living at Yallambee**

Security, Friendliness and I've received so many invites to Village gatherings.

**The worst thing about living at Yallambee**

Having to downsize to a 1-bedroom unit from a 3-bedroom house.

**One thing you don't know about me.**

I opened Snoopy's Toy world in Sale, I also owned many Hotels, including Avon Hotel in Stratford, Gippy Hotel in Sale, Railway Hotel in Heyfield, and the Hobson's Bay Hotel in Williamstown. I also used to swim competitively and played water polo for the Gippsland Team.

**Favourite food**

Chocolate! I'm a sweet tooth.

**Advice to new village residents**

Except your stage of life, make the most of it. Every day is a new day!

# Margery Cole & Village News



## Village Bus Trips

Village bus to the Trarlgon Plaza

Depart 11:00 am

Return 1:00 pm

Wednesday, 11 October

Wednesday, 25 October

Don't forget to pre-book your seat with at least one day's notice at reception

## October Meetings

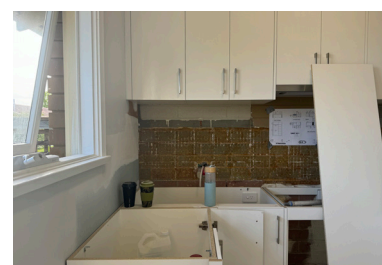
Margery Cole AGM ( Attendance by Invitation only) - Monday, 23 October 6:30 pm

Margery Cole Resident & Relative Meeting - Tuesday, 24 October 3.00 pm

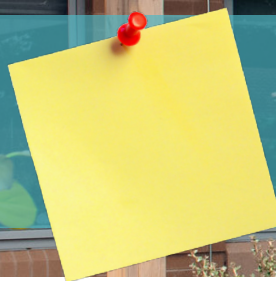
Village AGM - Tuesday, 24 October 11.00 am

## Village Building Works

Exciting developments are taking place in The Village, with three units currently undergoing extensive renovations. These units will soon be available for purchase. If you're interested to learn more, please reach out to our Customer Engagement Team on 5132 3500.



# Staff News



## New Staff - September

Welcome to all new staff!

### Personal Care Worker

Tayla Mundt  
Cassie Scott  
Amy Bounds  
Susvhmita Bhattarai

### Rosters

Jo Masden

### Registered Nurse

Deniz Marchmont

# Welcome!

## Star of the Month - Rochelle Parilla



September's Star of the Month is Rochelle Parrilla, Personal Care Worker:

Here is what Rochelle's colleague had to say about her:

Rochelle is responsible and disciplined.

Don't forget if you have something awesome to share about your colleagues, be sure to complete a You're A Star nominations form found in the staff room opposite the biometrics terminal.



# OKTOBER Fest

Friday, 13 October

1:30 Atrium Lounge



YALLAMBEE VILLAGE  
SPRING RACING

# High tea

Join us for a high tea and  
fashions on the field

OCTOBER

TUESDAY

17

2 PM

VILLAGE BBQ AREA

(OR ATRIUM LOUNGE IF WEATHER NOT SUITABLE)

- PRIZE FOR BEST DRESSED
- PRIZE FOR BEST HAT



A large, stylized pink ribbon is positioned on the left side of the page, looping around the central text. The ribbon has a white center stripe and is surrounded by a dotted pink arc.

## OCTOBER IS BREAST CANCER AWARENESS MONTH

Wear **pink** every Friday for the month of October.

Donate a gold coin in our donation tin or via card  
at the café.

Staff please note clothing must be aged care  
environment appropriate

ALL PROCEEDS DONATED  
TO BREAST CANCER AWARENESS



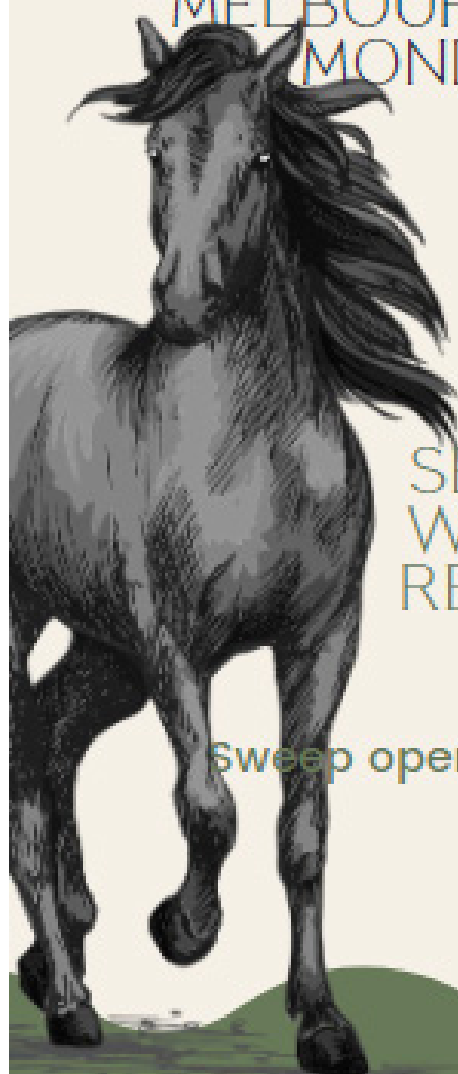
# MELBOURNE CUP SWEEP

TAKING BETS FOR THE YALLAMBEE  
MELBOURNE CUP SWEEP STARTING  
MONDAY, 16 OCTOBER 2023

\$1.00 SWEEP  
\$2.00 SWEEP  
\$5.00 SWEEP

SEE THE LIFESTYLE &  
WELLBEING TEAM OR  
RECEPTION TO ENTER

Sweep open to all Margery Cole Residents, Village  
Residents and Staff





Yallambee Retirement Living Residents  
You are invited to attend the the 2022/2023

*Yallambee Village*

ANNUAL  
GENERAL *Meeting*

Date: Tuesday, 24 October

Time: 11:00 AM

Venue: Margery Cole, Grevillia Lounge

Please RSVP to Reception on 5132 3500  
by Monday, 6 October

A light supper and refreshments will be served at  
the conclusion of the AGM proceedings



## NOTICE OF ANNUAL GENERAL MEETING

# ANNUAL GENERAL Meeting

The Annual General Meeting of  
**Yallambee Traralgon Village for the Aged Inc.**  
*(Margery Cole Residential Care Service Provider)*

1 Matthews Crescent, Traralgon VIC 3844  
will be held on

**Monday, 23 October 2023 at 6:30pm**

Members of the Association are invited to join the meeting and will receive further information at their nominated addresses. Staff service award recipients are encouraged to come along and will receive an invitation as well to attend.

**Please RSVP to the Executive Assistant on 5132 3500 by  
Monday, 16 October 2023**

**Please note that attendance is by invitation only**

*A light supper and refreshments will be served at the conclusion  
of the AGM proceedings*





Yallambee Traralgon Village for the Aged Inc.

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(03) 5132 3500



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Yallambee Traralgon