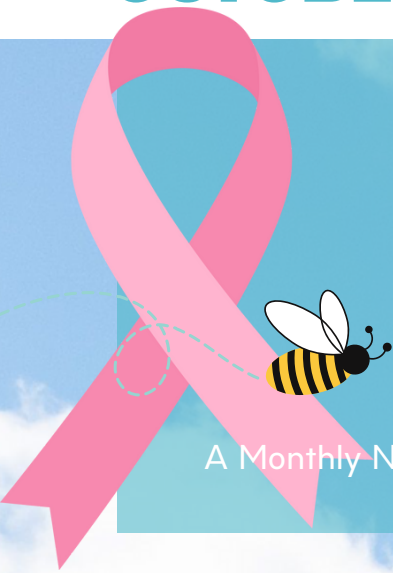


OCTOBER 2023



Yallambee

BUZZ

A Monthly Newsletter by Yallambee Traralgon Village for the Aged Inc.
Margery Cole Residential Care Service

This Month

Oktober Fest

Breast Cancer Awareness Month

Resident & Staff Spotlight

Margery Cole & Village News

Staff News

Activity Calendar

Upcoming Events



“

Support, educate, and advocate for a future without breast cancer.

Anonymous

Oktober Fest



On Friday, 13 October, we celebrated Oktoberfest, combining it with our regular Friday Happy Hour festivities. Our residents enjoyed a spread of German cuisine, including scrumptious schnitzels, mouthwatering Bratwurst paired with sauerkraut all thoughtfully crafted by our Catering Team.

Staff encouraged residents to take to the dance floor, and some even tested their skills in a fun-filled beer pong competition with the chance to win a prize.

Residents partook in beer quizzes, tuned in to German melodies and enjoyed the afternoon.

Adding to the authentic atmosphere, the Lifestyle & Wellbeing Team donned traditional attire, which as always makes for a good laugh!

We look forward to next year when we can celebrate all over again!



Breast Cancer Awareness Month

For nearly forty years, October has held the distinction of being National Breast Cancer Awareness Month. This dedicated period, occurring each year, is committed to spreading awareness about the early indicators of this disease.

Breast cancer has the potential to impact anyone, regardless of their background or origin. During this October, we chose to don pink attire every Friday and channeled all the proceeds towards supporting Breast Cancer Awareness.



Resident & Staff Spotlight

Barbara Parmigiani
Margery Cole Resident



Length of time at Yallambee:

6 months

The best thing about living at Yallambee:

It has been a stepping stone but has allowed me to see what my future holds without any anxiety

The worst thing about living at Yallambee:

Not being as independent as I was when living on my own

One thing you don't know about me:

I have cooked for members of parliament in England

My favourite staff member:

The staff that have the big smiles

My favourite food:

Authentic Italian food made by Italians

My favourite lifestyle activity:

Art/craft and gardening

Zoe Lawrence
Staff Member



Role at Yallambee:

Registered Nurse

Length of time at Yallambee:

4 months

Job previous to Yallambee:

Disability Support Worker

Hogs' breath wait Staff

Personal Care Worker at Delkeith

One thing you don't know about me:

I play the piano

Favourite Pastimes:

I enjoy camping

My favourite food:

Mexican

Advice to new staff:

Be kind to each other and always offer assistance

Wilma Collins
Yallambee Village Resident



Length of time at Yallambee:

Since 2004

The best thing about living at Yallambee:

Neighbours, having the lawns and maintenance done

The worst thing about living at Yallambee:

I haven't found anything bad

One thing you don't know about me:

Was a cleaner at the Traralgon Hospital in the staff quarters

Favourite food:

Garlic prawns and chicken kiev

Advice to new residents:

Enjoy where you live. I'm now looking at moving into Margery Cole permanently



Margery Cole & Village News

Village Bus Trips

Village bus trips to the Traralgon Plaza

Depart 11:00 am

Return 1:00 pm

- Wednesday, 8 November
- Wednesday, 22 November

Don't forget to pre-book your seat with at least one days notice at Reception.

November Meetings

Village Advisory Committee Meeting - Tuesday 14 November 1pm

Margery Cole Resident & Relative Meeting - Tuesday, 28 November 3pm

Consumer Voice Meeting - Monday 27 November 4pm

Yallambee Village Meals on Feet Accreditation

Yallambee Retirement Village were accredited by the Aged Care Quality and Safety commission for the Meals on Feet service this year. The compliance report has been received in October and we are proud to announce that we are fully compliant with our accreditation standards. As part of the recommendations from the commission, it is now a requirement for all Village Meals on Feet residents to have their Care Plans reviewed every regularly. This is to ensure the meals and service that is provided, consider any medical and dietary requirements, along with any risks associated with the service. All staff undertaking the delivery of the service have completed their First Aid certificate ensuring staff are trained if a medical emergency arises during the meal service delivery.

We are also currently undergoing a review of the meal packaging to provide the best options for the main meals and salads, and to ensure meals are well presented to encourage meal satisfaction.

Yallambee staff are looking forward to growing and enhancing the Meals on Feet service, to support our residents with their daily meal choices.

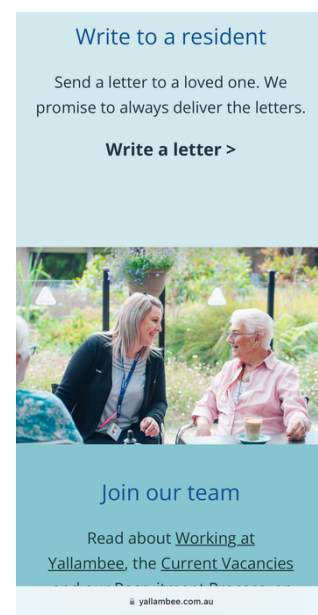
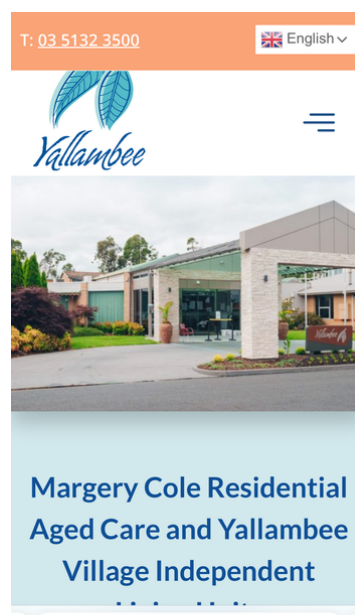
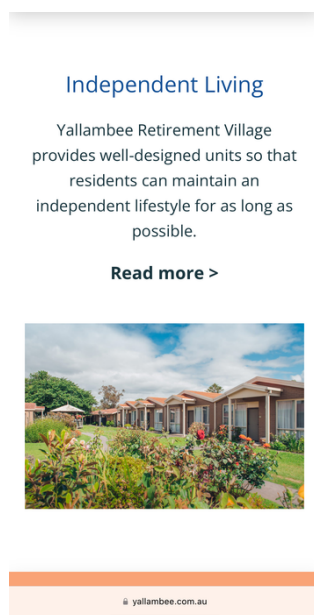
Margery Cole & Village *News Continued*

Yallambee Website

We have now launched our new website at Yallambee, giving us the ability to update our pages easier and provide better communication with our current families, as well as providing a better source of information for our community members using our site.

You may notice we have added a 'DONATE' button on the left side of the upper tabs, to ensure the donation process is easier. We have connected with 'GiveNow' to ensure donations are safe and receipts can be provided once donations are made.

We also have an easy message system to communicate with your loved ones living in Margery Cole, where photos can be uploaded, keeping families connected and residents able to receive information from families.



Staff News

New Staff - October

Welcome to all new staff!

Personal Care Worker

Natasha Stephenson
Bonnie Mae McMillan
Rebecca Alier
Dani Kurian
Ewlin Varghese

Catering

Dennis Dormiendo
Melali Ikeda

Maintenance

Dennis Hicks

Lifestyle & Wellbeing/ Personal Care Worker

Marni Scammel

Registered Nurse/ Clinical Care Coordinator

Palmira Santos

Welcome!

Star of the Month - Emma Priest



Here is what Emma's colleagues had to say:

- For always being approachable and reliable. For always listening and taking onboard what we say.

Don't forget if you have something awesome to share about your colleagues, be sure to enter your nominations into Manad Feedback.

Star of the Month!

November 2023

Yallambee Lifestyle & Wellbeing Activity Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
Location Key H - Houses G - Grevillia Lounge A - Atrium Lounge B - Banksia North Lounge CBD - Central Area F - Foyer		1 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	2 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bill Bishop Concert G 1:30 Social Group B 3:30 1:1s H	3 10:15 Walk Around H 10:45 Brain Teasers H 10:45 Anglican Church G 1:30 Happy Hour & Guy Fawkes A 1:30 Mystery Drive F	4 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory	5 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory
6 10:15 Movers & Shakers G 1:30 Fashions on the Field 3:30 1:1s H	7 10:15 Movers & Shakers G 10:45 Brain Teasers G 1:30 Melbourne Cup Activities G 3:00 Melbourne Cup Race 3:00 Little Shop CBD	8 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	9 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Remembrance Day service & Brian Pollard Concert G 3:30 1:1s H	10 10:15 Walk Around H 10:45 Brain Teasers H 1:30 Happy Hour A 1:30 Friends in Song G 3:30 1:1s H	11 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory	12 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory
13 10:15 Walking H 1:30 Active Games G 1:30 Gardening CBD 3:30 1:1s H	14 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Play Group G 1:30 MidValley F 1:30 Craft B 3:00 Little Shop CBD	15 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	16 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Songs of Praise G 1:30 Current Events B 3:30 1:1s H	17 10:15 Walk Around H 10:45 Brain Teasers H 1:30 Happy Hour & International Men's Day A 1:30 Mystery Drive F	18 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory	19 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory
20 10:15 Walking H 1:30 Carpet Bowls G 1:30 Card Making B 3:30 1:1s H	21 10:15 Movers & Shakers H 10:45 Catholic Church G 11:30 Bowls Luncheon L 1:30 Play Group G 1:30 Christmas Craft B 3:30	22 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	23 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Memorial Service G 1:30 Card Games B 3:30 1:1s H	24 10:15 Walk Around H 10:45 Brain Teasers H 1:30 Happy Hour A 1:30 Mystery Drive F	25 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory	26 Waratah Program 10:15 Movers & Shakers 10:45 Brain Teasers 1:30 Art/ Singing/ Outdoor/ games/ Sensory
27 10:15 Walking H 1:30 Active Games G 1:30 Gardening CBD 3:30 1:1s H	28 10:15 Movers & Shakers H 10:45 Brain Teasers H 11:30 Men's Luncheon F 1:30 Play Group G 1:30 Christmas Craft B 3:00 Resident Meeting G	29 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	30 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Anna & Phil Concert G 1:30 St Andrews Day Craft B 3:30 1:1s H			

Please note due to limited places, Mystery drives and Midvalley outings are for Margery Cole Residents only



MELBOURNE CUP SWEEP

TAKING BETS FOR THE YALLAMBEE
MELBOURNE CUP SWEEP STARTING
MONDAY, 16 OCTOBER 2023

\$1.00 SWEEP
\$2.00 SWEEP
\$5.00 SWEEP

SEE THE LIFESTYLE &
WELLBEING TEAM OR
RECEPTION TO ENTER

Sweep open to all Margery Cole Residents, Village
Residents and Staff





YALLAMBEE *Fashions on the Field*

MONDAY, 6 NOVEMBER

1:30 GREVILLIA LOUNGE



Dress in your best!



REMEMBRANCE DAY SERVICE

Thursday, 9 November
2023

Service by Ron Ostler
from Traralgon
Subbranch RSL
& Music by Brian
Pollard

1:30
Grevillia Lounge





Yallambee invites you to join us in

Remembering Our Friends & Loved Ones

who have passed away within the Yallambee
family over the past year.

November 2022 - 2023

on

Thursday, 23 November

1:30pm

1 Matthews Crescent, Traralgon
Grevillia Lounge

Kindly rsvp to reception on
51 323 500 by November 16

Afternoon tea provided

RAT testing and masks required



Live at ease.

Yallambee Traralgon Village for the Aged Inc.

ABN: 43 287 362 778

Matthews Crescent, Traralgon Vic 3844

(03) 5132 3500



yallambee.com.au



info@yallambee.com.au



Yallambee Traralgon