

APRIL 2024



Yallambee

BUZZ

A Monthly Newsletter by Yallambee Traralgon Village for the Aged Inc.
Margery Cole Residential Care Service



This Month

- ANZAC Day
- Armchair Travel
- Happy Hour
- Margery Cole & Village News
- Staff News
- Activity Calendar
- Upcoming Events



Lest We Forget

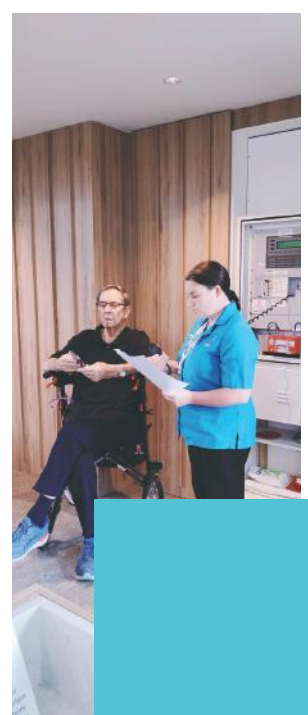


ANZAC DAY

On Thursday, 25 April at 11 am, residents of Margery Cole and Yallambee Village gathered to honor those who served and sacrificed for our country. The service began with a tribute to our brave servicemen and women, followed by a hymn and prayer. Flags were lowered to half-mast in recognition of Australian and New Zealand military personnel.

Ted O'Mara, aged 101, laid a wreath on behalf of Yallambee. Staff and residents observed a minute of silence and participated in the last post across the facility. The service provided an opportunity for everyone to pay their respects and reflect on the contributions of Australia and New Zealand to various conflicts and peacekeeping missions.

A big thank you to Ron Ostler and his assistant, Fiona from the Traralgon RSL Subbranch for attending onsite on Friday, 26 to host our official Anzac Day service.



Armchair Travel

On Tuesday, 2 April our residents went on a visual trip to Hawaii during our first armchair travel event of the year.

Each person received a rainbow Luau necklace on arrival in the Grevillia lounge that was decorated in a tropical theme with coconuts, beach accessories and yellow hibiscus flowers, which is the national Hawaiian flower, to really set the scene.

The residents enjoyed learning different facts about the eight most popular Hawaiian Islands and the culture each island live by, they enjoyed a lesson on the Hawaiian language and learnt how to say “hello, goodbye and thank you” (aloha a aloha – meaning hello and goodbye, Mahalo means “thank you.”)

It was a lovely afternoon activity and the residents gave positive feedback saying they are eager for the next armchair travel.

Happy Hour

Friday the 26th of April saw a special guest at Happy hour, who performed for the first time at Yallambee. Melodies with Glenn was a 2 hour set of live music, with everything from Country music to rock n roll and pop of the 60's, 70's and 80's. Glenn is a local musician who hosts many Karaoke nights in the local area and performs in an 80's rock band and a duet. Residents were thoroughly engaged for the 2 hour set whilst enjoying their favourite cold drinks and hot nibbles. Not only were some residents up and dancing or singing but staff finishing for the day popped in to check out the fabulous afternoon.



Resident & Staff Spotlight

Joan Mutimer
Margery Cole Resident



Length of time at Yallambee:

1 month

The best thing about living at Yallambee:

I enjoy the atmosphere and I am so well looked after

The worst thing about living at Yallambee:

It's a big adjustment from living on my own

One thing you don't know about me:

I worked until I was 65 years old and had many clerical jobs

My favourite staff member:

They are all lovely

My favourite food:

Lamb cutlets

My favourite lifestyle activity:

Playing cards

Leanne Felstead
Staff Member



Role at Yallambee:

Customer Services Manager

Length of time at Yallambee:

2 years and 1 week

Job previous to Yallambee:

Opal Health Care

One thing you don't know about me:

I love to drive our tractor at home on the weekends

Favourite pastimes:

Gardening and looking after my 120 roses

My favourite food:

Potatoes, any way! My husband calls me Mrs. Potato Head

Advice to new staff:

If you find a job you love, you will always love the job you do. And always remember, it is a privilege to work in our Residents home

Noel Chambers
Yallambee Village Resident



Length of time at Yallambee:

4 years

The best thing about living at Yallambee:

I really like my unit, I have met so many people and I like how close it is to the CBD

The worst thing about living at Yallambee:

Having to give up my old lifestyle

One thing you don't know about me:

I used to bowl for the Traralgon RSL

Favourite food:

A nice juicy rib eye steak

Advice to new residents:

Get involved in the Yallambee community

Official Visit by The Hon. Minister Lily D'Ambrosio MP

On Wednesday, 24 April 2024, Yallambee welcomed the Official Visit by The Hon. Minister Lily D'Ambrosio MP Minister for Climate Action, Minister for Energy and Resources and Minister for the State Electricity Commission

Yallambee Traralgon Village for the Aged Inc. were recipients of the Latrobe Valley Energy & Growth Program Solar panel installation grant 16 months ago and Minister D'Ambrosio visited Yallambee to officially open the solar panel installation system. Yallambee' Board Chair and Deputy Chair were in attendance and some of our Margery Cole residents come along to hear the Minister speak. Other representatives included Chair and CEO from the Gippsland Climate Change Network and RACV Solar representatives were also in attendance on the day.

We were pleased to say that the savings from the solar installation from this grant initiative directly enhances the quality of care for our elderly residents. With these savings Yallambee has been able to fund increased nursing hours, purchase more specialised equipment, and provide multiple communication screens throughout the facility. Accessing these ongoing savings will benefit residents and the community and assist Yallambee to continue to provide exceptional care whilst contributing to environmental and financial sustainability.

Once again, we extend our heartfelt thanks to the Minister and the Department of Energy, Environment, and Climate Action for their unwavering support and belief in our vision. It is a symbol of progress, resilience, and social responsibility, harnessing the potential of renewable energy in such a setting. Together, we are not just providing exceptional care; we are laying the foundation for a sustainable, equitable, and prosperous tomorrow.

For more information on the project, refer to the Minister' s media release following her visit to region.



Media Release

The Hon Lily D'Ambrosio MP
Minister for Climate Action
Minister for Energy and Resources
Minister for the State Electricity Commission



Wednesday, 24 April 2024

LATROBE VALLEY INNOVATIVE RENEWABLE ENERGY FUTURE

Communities in the Latrobe Valley are receiving valuable cost-of-living support as they embrace new localised renewable energy projects with support from the Allan Labor Government.

Minister for Energy and Resources Lily D'Ambrosio today showcased three Latrobe Valley Energy and Growth Program (LVEGP) projects that are helping Latrobe Valley communities lower their bills, decrease their emissions and become more energy resilient.

As part of the program, Gippsland Climate Change Network received \$317,368 towards the 276kW solar system on the roof of the Yallambee Traralgon Village for the Aged. The panels have generated more than 352,000 kW of renewable electricity, saved residents \$88,165 off their bills in its first year and prevented more than 350 tonnes of emissions.

The Yarram Recreation Reserve was awarded \$180,000 to install the Secure Back-Up Power Supply Project solar and battery system comprising of a 126 KW battery storage system and 36KW rooftop solar PV on the SES building at the

Yarram Rec Reserve, doubling the existing 30 kw of solar already installed.

The system is suitable for supplying back-up power during outages and providing emergency services with power, as well as providing cost savings to the Recreation Reserve Committee.

As part of the program, Gippsland entertainment and culture jewel Lardner Park has been hosting the Floating Solar Project, the 50kW floating solar system is a powerful demonstration product that is saving more than \$1000 a month as an innovative source of renewable energy.

Funded with \$209,149, the project will help conserve water through reduced evaporation and algae growth. The evaporative cooling from the lake also increases the panels output by 10 per cent.

The program supports community and industry projects that increase the uptake of renewable energy generation, create and support renewable energy jobs and drive social, community and economic benefits in the Latrobe Valley.

Quote attributable to Minister for Energy and Resources Lily D'Ambrosio

"We're supporting the Valley's renewable energy future with projects that reduce energy bills for locals and help create skilled jobs for the next generation."

Quote attributable to Member for Eastern Victoria Tom McIntosh

"Eastern Victoria has extensive renewable energy resource potential, deep energy and engineering expertise, and a reputation as the centre of Victoria's energy sector."

Quote attributable to Member for Eastern Victoria Harriet Shing

"Residents are embracing renewable energy throughout the Valley and are receiving the benefits of cheaper renewable energy thanks to the program."

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Village *News*

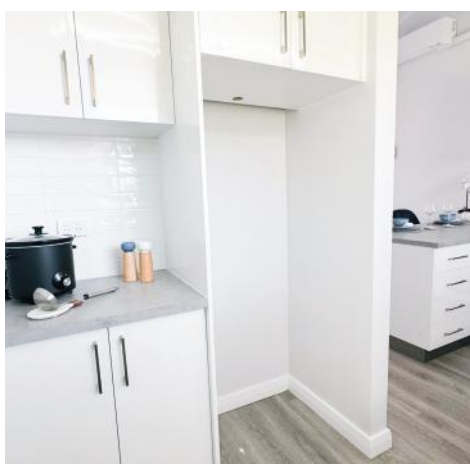
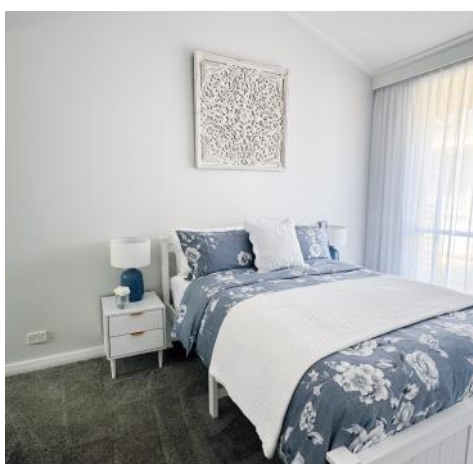
Village Units For Sale

Our refurbished units are now available for sale, we currently have one and two-bedroom options available.

Units currently available: 8, 21& 80

Please contact the Customer Services Team for further information, or to organise a tour, on 5132 3500 or email info@yallambec.com.au

Here are some photos of our recently refurbished unit 80.



Village Bus Trips & Meetings

Bus

Village Advisory Committee Meeting

Depart 11:00 am

Tuesday, 14 May at 2pm

Return 1:00 pm

- Wednesday, 1 May
- Wednesday, 15 May
- Wednesday, 29 May

Don't forget to pre-book your seat with at least one days notice at Reception.

Staff News

New Staff - March

Chef Manager

David Mittelmajer

Registered Nurse

Akshat Sheoran

Hannah Aurish

Personal Care Worker

Jacinta Weston

Ella Hillbrick

Vienna Balatabat

Neal Bradburry

Emma Hill

Maintenance

Brodie Mahy

Environmental Services

Dianne Howe

Meet Yallambee's New Chef Manager



Yallambee is excited to announce that David Mittelmajer has joined us on 16 April as Chef Manager. The Chef Manager position is a key senior management role and David will form part of Yallambee's Department Head management team. As a Department Head and Chef Manager, David will head up and oversee the Catering Services Team and delivery of meals to our residents.

As Chef Manager, David will surely elevate the dining experience for residents with his background of over 20 years' experience in commercial

cooking, and as a former proprietor and Head Chef of both the Ritz on Hotham and Momo in Traralgon for the past 14 years. David will be actively involved in reviewing the quality of meals and food service provided to residents. Having someone with his level of experience and expertise leading these efforts will likely result in meaningful improvements. Collaborating with David to incorporate his feedback and ideas into menu planning and service enhancements demonstrates a commitment to continuously striving for excellence in catering to the residents' needs and preferences. His contributions will be invaluable in elevating the dining experience at Yallambee.

David will be attending our Food Appreciation meetings which is an excellent way for David to connect directly with the Margery Cole residents and gain valuable insights into their preferences and feedback.

David's speaks fluent Hungarian, has six children, enjoys gardening and fishing when time permits.

Yallambee would also take this opportunity to wish our former Chef Manager, Lee Ruane all the best as he embarks on new adventures after being with Yallambee for over five years.

Staff

News Continued

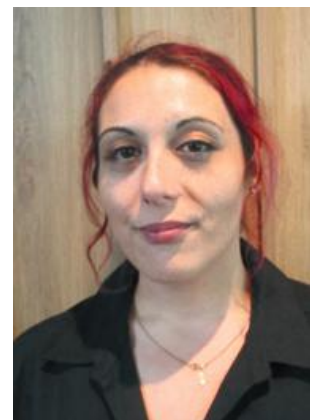
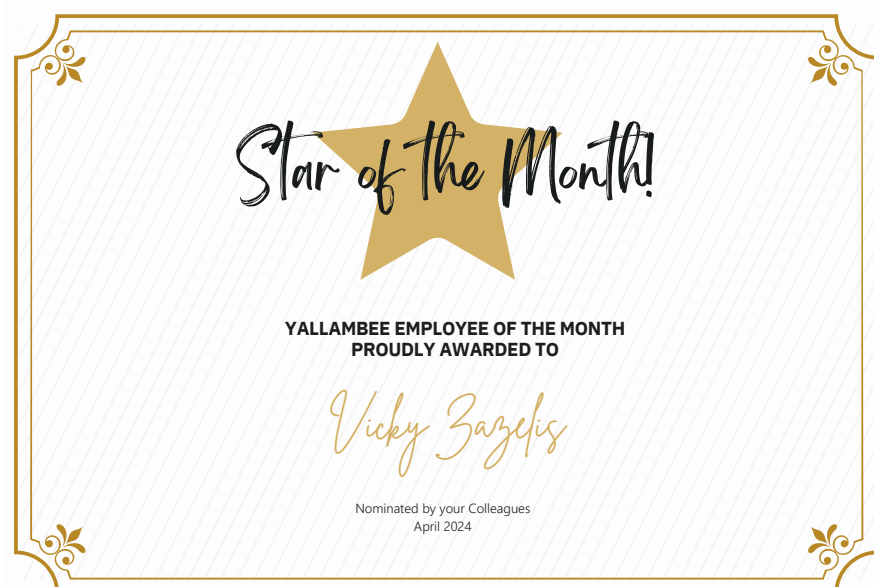
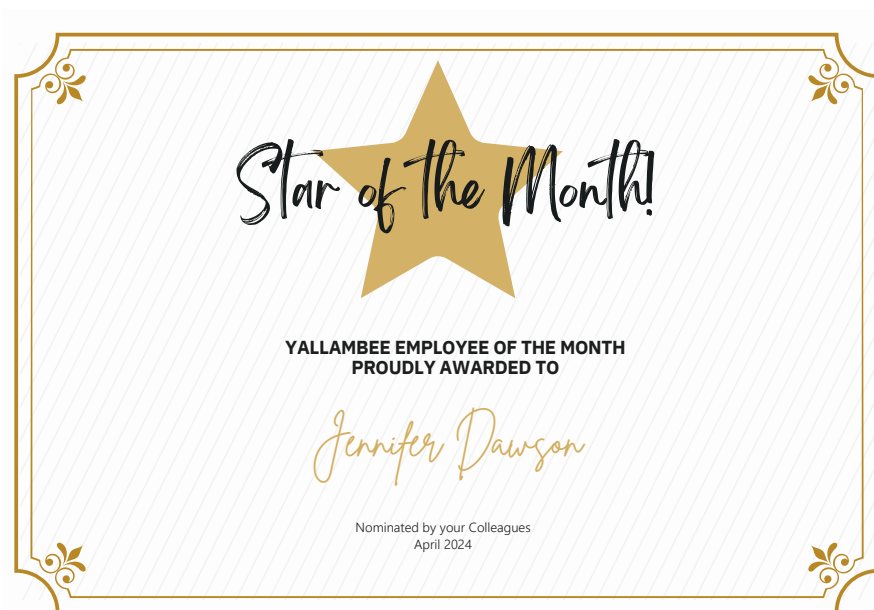
Star of the Month - April

This month we received a double nomination for Star of the Month.

Congratulations to Jennifer Dawson and Vicky Zazelis from our Environmental Services Team.

Here is what your colleague had to say:

I want to send a really big thank you to Jen and Vicky in the laundry who went out of their way to find and return a favourite nightie to a sick resident. Thanks girls.



May 2024

Yallabee Lifestyle & Wellbeing Activity Calendar

Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>H - Houses G - Grevillia Lounge A - Atrium Lounge CBD - Central Area F - Foyer R - Reflection Room B - Banksia North Lounge</p>	<p>7 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Games Show G 3:30 1:1s H</p>	<p>1 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>2 10:15 Movers & Shakers H 10:45 Brain Teasers H 11:00 Bowls Club L 1:30 Bill Bishop Concert G 3:30 1:1s H</p>	<p>3 10:15 Movers & Shakers F 10:45 Brain Teasers G 10:45 Anglican Church R 1:30 Happy Hour Mexican A 1:30 Mystery Drive F 3:30 1:1s H</p>	<p>4 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>5 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>6 10:15 Walking H 1:30 Active Games G 1:30 Gardening CBD 3:30 1:1s H</p>	<p>7 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Games Show G 3:30 1:1s H</p>	<p>8 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>9 10:15 Movers & Shakers G 10:45 Brain Teasers G 1:30 Singing with Tess G 3:30 1:1s H</p>	<p>10 10:15 Movers & Shakers F 10:45 Brain Teasers G 10:45 Anglican Church R 1:30 Happy Hour A 1:30 Mother's Day G 3:30 1:1s H</p>	<p>11 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>12 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>13 10:15 Movers & Shakers G 10:45 Brain Teasers G 1:30 Carpet Bowls G 3:30 1:1s H</p>	<p>14 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Pool, Cards and Board Games G 3:30 1:1s H</p>	<p>15 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>16 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:00 Men's Luncheon F 1:30 Anna & Phill Concert G 3:30 1:1s H</p>	<p>17 10:15 Movers & Shakers F 10:45 Brain Teasers G 1:30 Happy Hour & Pub Trivia A 1:30 Mystery Drive F 3:30 1:1s H</p>	<p>18 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>19 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>20 10:15 Walking H 1:30 Active Games G 1:30 Gardening CBD 3:30 1:1s H</p>	<p>21 10:15 Movers & Shakers H 10:45 Brain Teasers H 10:45 Catholic Mass R 1:30 Games Show G 3:30 1:1s H</p>	<p>22 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>23 10:15 Movers & Shakers H 10:45 Brain Teasers H 11:00 Midvalley Shopping L 1:30 Ukulele Band G 3:30 1:1s H</p>	<p>24 10:15 Movers & Shakers F 10:45 Brain Teasers G 1:30 Happy Hour A 1:30 Mystery Drive F 3:30 1:1s H</p>	<p>25 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>26 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>27 10:15 Movers & Shakers G 10:45 Brain Teasers G 1:30 Carpet Bowls G 3:30 1:1s H</p>	<p>28 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Pool, Cards and Board Games G 3:30 1:1s H</p>	<p>29 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>30 10:15 Movers & Shakers G 10:45 Brain Teasers G 1:30 Country Music Sing a Long G 3:30 1:1s H</p>	<p>31 10:15 Movers & Shakers F 10:45 Brain Teasers G 1:30 Happy Hour & 70s theme A 1:30 Mystery Drive F 3:30 1:1s H</p>		

Please note due to limited places, Mystery drives and Midvalley outings are for Margery Cole Residents only



Yallambee Traralgon Village for the Aged Inc.

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