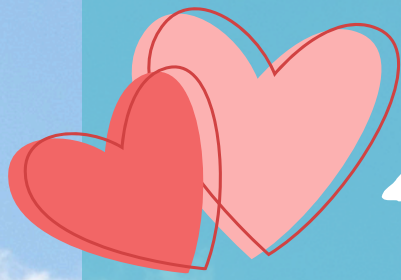


FEBURARY 2024



Yallambee

BUZZ

A Monthly Newsletter by Yallambee Traralgon Village for the Aged Inc.
Margery Cole Residential Care Service



This Month

Luna New Year

Pancake Tuesday

Valentine's Day

Margery Cole & Village News

Staff News

Activity Calendar

Upcoming Events



“

All you need is love. But a little chocolate now and again doesn't hurt.

Charles M Shultz

Luna New Year

Happy Chinese New Year! This year's Chinese zodiac sign is The Dragon. On Friday, 9 February, Yallambee held a Luna New Year themed happy hour celebrating the year of the Dragon. Residents were greeted at the door by our lovely hostesses to discover their Chinese zodiac sign along with a nice cool beverage. As the afternoon kicked off residents got to know each other through discussion of everyone's Chinese Zodiac sign. Earlier in the week residents created Chinese lanterns that were then hung up during happy hour.



Pancake Tuesday

On Tuesday, 13 February, Yallambee celebrated Pancake Tuesday also known as Shrove Tuesday. The residents were drawn to the Grevillia Lounge by the enticing aroma of freshly cooked pancakes. Lifestyle & Wellbeing staff encouraged residents to compete in answering trivia questions about Pancake Tuesday, with the first correct answer getting the next cooked pancake. There was a great selection of toppings on offer with lemon curd, maple syrup and butter amongst the favourites.

Valentine's Day

On Wednesday, 14 February, Valentine's Day residents enjoyed a sweethearts lunch. Residents and their significant others enjoyed a beautiful chef prepared lunch consisting of roast pork with all the trimmings for the main and a chocolate heart shaped cake for dessert. The couples enjoyed wine and beer with their meals by candlelight. The event was held in the Atrium Lounge which was tastefully decorated for the occasion. The celebration was thoroughly enjoyed by all who attended. It was lovely to see so many couples enjoy a special meal together.



Resident & Staff Spotlight

Nan Clark
Margery Cole Resident



Length of time at Yallambee:

2 years, 10 months

The best thing about living at Yallambee:

Having company, meeting new friends and all the activities provided

The worst thing about living at Yallambee:

Not always having my own space

One thing you don't know about me:

I used to do ice-skating back in Scotland

My favourite staff member:

I enjoy all the staff but Cassie I get along with really well, I really enjoy our chats

My favourite food:

A nice chicken casserole

My favourite lifestyle activity:

Movers & shakers and walking group, I also enjoy brain teasers

Rhodos Panayiotou
Staff Member



Role at Yallambee:

Chef Team Leader

Length of time at Yallambee:

4 years, 6 months

Job previous to Yallambee:

Chef at Café Qu Bah in Morwell

One thing you don't know about me:

I can bench lift 120kgs

Favourite pastimes:

Going to the gym and listening to music

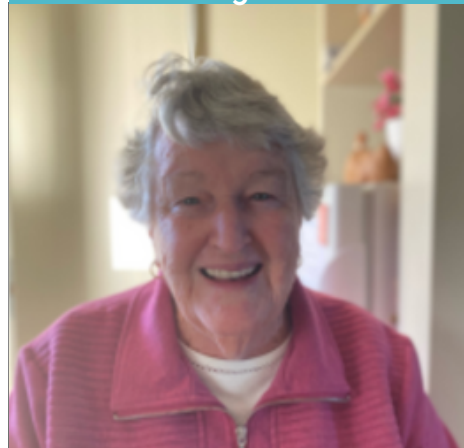
My favourite food:

Chicken enchiladas

Advice to new staff:

Don't take everything too seriously

Pat Jones
Yallambee Village Resident



Length of time at Yallambee:

17 years!

The best thing about living at Yallambee:

Belonging to a community and feeling safe living here

The worst thing about living at Yallambee:

There are no bad things, I love living here

One thing you don't know about me:

I have lived in Traralgon since I was 4 years old, I love living in Traralgon

Favourite food:

Lamb roast with mint sauce

Advice to new residents:

Don't be afraid to say hello to your neighbours, everyone is so friendly

Margery Cole *News*

Peaches Please

Delectable fresh peaches have been donated from a local farmer enticing our Catering Team to get creative and cook up a storm. They have cooked and bottled fresh peach jam and a delicious, spiced peach chutney. These are available to purchase from the Yallambee Café.

Peach Jam is \$4.50 per bottle and Spiced Peach Chutney is \$6.50 per bottle.



Village *News*

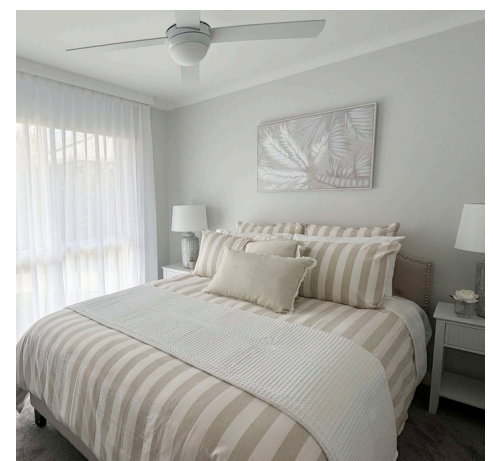
Village Units For Sale

Our refurbished units are now available for sale, we currently have one and two-bedroom options available.

Units currently available: 8, 21, 80, 92 and 102.

Please contact the Customer Services Team for further information, or to organise a tour, on 5132 3500 or email info@yallambee.com.au

Here are some photos of two of our recently refurbished units 92 and 102.



Village Bus Trips

Village bus trips to the Traralgon Plaza

Depart 11:00 am

Return 1:00 pm

- Wednesday, 11 March
- Wednesday, 25 March

Don't forget to pre-book your seat with at least one days notice at Reception.

Village News Continued

Annameike Mein

An Annameike Mein art exhibition is being hosted at Sale Gippsland Art Gallery. A bus has been organised by Betty Jolley, Village Advisory Committee President on the 3rd of April at 1pm at the Gwalia street bus stop. The fare is \$13.50. The cost of the exhibition is \$18.00 which will be paid at the door. Afternoon tea is available from Shirley's Café who cater for lactose and gluten free diets. Book your place and please pay your bus fare by Friday, March 8.

Contact Betty on 04 776 922 82

Please note: Any Margery Cole Residents wishing to attend must be able to travel independently and without a wheelchair.



Let's Get Mowing

Following several unforeseen malfunctions and extended delays in repairing our former mower, it was decided to substitute the Husqvarna with a new zero-turn Kubota. This new mower comes equipped with a mulching attachment, anticipated to enhance the health and appearance of the Village's lawns. The Maintenance and Grounds staff have provided very positive initial feedback.



Staff News

New Staff - February

Personal Care Worker

Ann Mary George

Hazel Revillas

Kryss Parrilla

Catering Assistant

Joaquin Gopez

Roster Co-ordinator

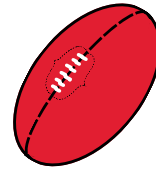
Sian Macey

Registered Nurse

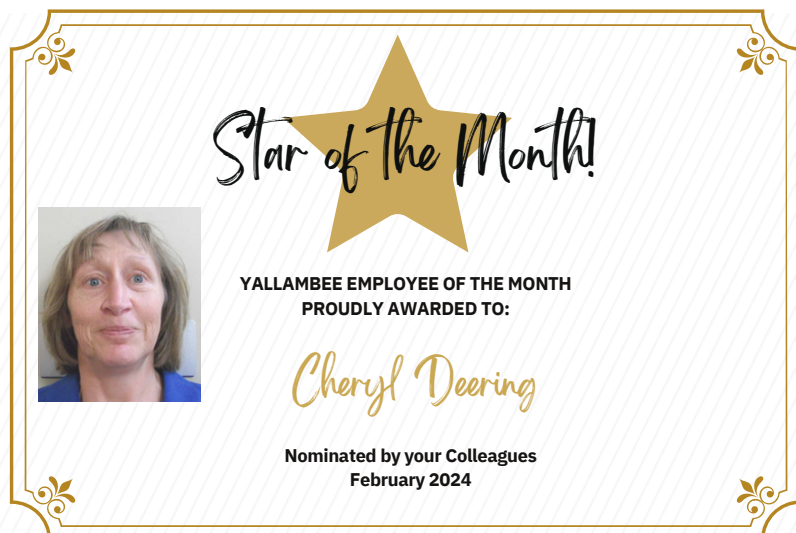
Chloe Meredith

Staff Footy Tipping Competition

This year Yallambee will be running a staff Footy Tipping Competition. To enter see the flyers around the facility or talk to Vicky Atkins, Finance Manager.



Star of the Month - Cheryl Deering



Here is what Cheryl's colleague had to say:

- Cheryl is really hard-working and friendly worker



Mon	Tue	Wed	Thu	Fri	Sat	Sun
<p>H - Houses G - Grevilla Lounge A - Atrium Lounge B - Banksia North Lounge CBD - Central Area F - Foyer R - Reflection Room</p>						
<p>4 10:15 Walking H 1:30 Carpet Bowls G 1:30 Golf G 3:30 1:1s H</p>	<p>5 10:00 Play Group G 10:15 Movers & Shakers H H 10:45 Brain Teasers H 1:30 Social/ Cards/ Board Games G 3:30 1:1s H</p>	<p>6 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>7 10:15 Movers & Shakers H H 10:45 Brain Teasers H 1:00 Bowls Club L 1:30 Bill Bishop Concert G 3:30 1:1s H</p>	<p>8 10:15 Walk Around F 10:45 Brain Teasers G 1:30 Happy Hour & International Woman's Day A 1:30 Mystery drive F 3:30 1:1s H</p>	<p>9 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>10 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>11 10:15 Walking H 1:30 Active Games G 1:30 Gardening G 3:30 1:1s H</p>	<p>12 10:00 Play Group G 10:15 Movers & Shakers H H 10:45 Brain Teasers H 1:30 Easter & St Patrick's Day Craft G 3:30 1:1s H</p>	<p>13 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 1:30 German Club BN 3:30 1:1s H</p>	<p>14 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:00 Midvalley Shopping F 1:30 Singing with Tess G 3:30 1:1s H</p>	<p>15 10:15 Walk Around F 10:45 Brain Teasers G 1:30 Happy Hour & St Patrick's Day A 1:30 Mystery drive F 3:30 1:1s H</p>	<p>16 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>17 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>18 10:15 Walking H 1:30 Carpet Bowls G 1:30 Golf G 3:30 1:1s H</p>	<p>19 10:00 Play Group G 10:15 Movers & Shakers H 10:45 Brain Teasers H 10:45 Catholic Mass R 1:30 Gardening CBD 3:30 1:1s H</p>	<p>20 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H</p>	<p>21 10:15 Movers & Shakers H H 10:45 Brain Teasers H 1:30 Anna & Phill Concert G 3:30 1:1s H</p>	<p>22 10:15 Walk Around F 10:45 Brain Teasers G 1:30 Happy Hour A 1:30 Mystery drive F 3:30 1:1s H</p>	<p>23 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>24 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>
<p>25 10:15 Walking H 1:30 Active Games G 1:30 Gardening G 3:30 1:1s H</p>	<p>26 10:00 Play Group G 10:15 Movers & Shakers H H 10:45 Brain Teasers H 1:30 Knitter Natter & Craft G 3:00 Resident Meeting T</p>	<p>27 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 1:30 German Club BN 3:30 1:1s H</p>	<p>28 10:15 Movers & Shakers H H 10:45 Brain Teasers H 11:00 Men's Luncheon F 1:30 Easter Celebration G 3:30 1:1s H</p>	<p>29 10:15 Walk Around F 10:45 Brain Teasers G 1:30 Happy Hour A 1:30 Mystery drive F 3:30 1:1s H</p>	<p>30 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>	<p>31 Weekend Program 10:15 Combined Exercises Program Atrium 1:30 Combined Group Activity Atrium</p>

Please note due to limited places, Mystery drives and Midvalley outings are for Margery Cole Residents only

Friday
8 March is

INTERNATIONAL

Women's Day



**WEAR A TOUCH OF
PURPLE**



Happy

St. Patrick's

Day

May your blessings outnumber the
Shamrocks that grow, and may
trouble avoid you wherever you go!

**BE SEEN!
WEAR GREEN!**

FRIDAY 15TH MARCH





Live at ease.

Yallambee Traralgon Village for the Aged Inc.

ABN: 43 287 362 778

Matthews Crescent, Traralgon Vic 3844

(03) 5132 3500



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Yallambee Traralgon