



**July 2024**

# Yallambee Lifestyle & Wellbeing Activity

Mon	Tue	Wed	Thu	Fri	Sat	Sun	
<b>1</b> 10:15 Walking H 1:30 Active Games G 1:30 Golf BN 3:30 1:1s H	<b>2</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Games Show G 3:30 1:1s H	<b>3</b> 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	<b>4</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 11:00 Bowls Club L 1:30 Bill Bishop Concert G 3:30 1:1s H	<b>5</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 10:45 Anglican Church G 1:30 Happy Hour Alice in Wonderland Theme A 3:30 1:1s H	<b>6</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	<b>7</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	
<b>8</b> 10:15 Walking H 1:30 Carpet Bowls G 1:30 Current Affairs BN 3:30 1:1s H	<b>9</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Naidoc Week Craft G 3:30 1:1s H	<b>10</b> 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	<b>11</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:00 MidValley Shopping F 1:30 Ukulele Band G 3:30 1:1s H	<b>12</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Happy Hour & Pub Trivia A 1:30 Mystery Drive F 3:30 1:1s H	<b>13</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	<b>14</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	
<b>15</b> 10:15 Walking H 1:30 Active Games G 1:30 Golf BN 3:30 1:1s H	<b>16</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 10:45 Catholic Mass G 1:30 Olympic Games Craft G 3:30 1:1s H	<b>17</b> 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 1:30 German Club BN 3:30 1:1s H	<b>18</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 11:00 Men's Luncheon F 1:30 Anna & Phill Concert G 3:30 1:1s H	<b>19</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Happy Hour A 1:30 Mystery Drive F 3:30 1:1s H	<b>20</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	<b>21</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	
<b>22</b> 10:15 Walking H 1:30 Carpet Bowls G 1:30 Omni Projector BN 3:30 1:1s H	<b>23</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Pool, Cards and Board Games G 3:30 1:1s H	<b>24</b> 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo Cowboy Day G 3:30 1:1s H	<b>25</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Yallambee Games G 3:30 1:1s H	<b>26</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Happy Hour with Melodies with Glenn A	<b>27</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	<b>28</b> 10:15 Combined Exercises Program H 1:30 Combined Group Activity G	
<b>29</b> 10:15 Walking H 1:30 Active Games G 1:30 Golf BN 3:30 1:1s H	<b>30</b> 10:15 Movers & Shakers H 10:45 Brain Teasers H 1:30 Bingo G 3:30 1:1s H	<b>31</b> 10:15 House Meeting H 10:30 Movers & Shakers H 10:45 Brain Teasers H 1:30 Lifestyle Mid Year Winter Concert G				H - Houses G - Grevillia Lounge A - Atrium Lounge B - Banksia North Lounge CBD - Central Area F - Foyer R- Reflection Room	